

departure times when travelling for prayers, especially for evening (Maghrib), night (Isha), taraweeh and morning prayers (Fajr)

• Try to leave mosques (masjids) with friends or family where possible

• Let loved ones know of your arrival and

- If attacked or abused, try to write down details like their appearance, clothing, and the time of the attack and where possible and safe to do so, take a photograph or video to share with Tell
- MAMA or the BTP

WhatsApp Tell MAMA on 0734 184 6086 or call 0800 456 12 26

• Trust your judgement and move away from those who are aggressive or acting drunkenly – this could mean moving to a different section of the carriage, or, if travelling on the London Underground, exiting the train at the next available stop and waiting for the next train, or informing staff or BTP officers of any concerns • Text BTP on 61016 to report crime or call 0800 40 50 40

- Always call 999 in an emergency

So, remember:

- Pay attention to your surroundings
- Plan your journey to the masjid or supermarket accordingly

Transport Police (BTP) to provide tailored safety tips advice.

• Noted own where on the train you entered – remember the carriage number or letter or if you entered at the front, middle or back of the train

As we approach the blessed month of Ramadan, we want to ensure

your safety when travelling on rail networks, whether travelling for

shopping or prayers or for iftar, which is why we partner with the British

• If travelling on the London Underground, remember the above information and note down the number of the carriage (located at the emergency exits of each carriage)



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